

Pittsburg State University

Pittsburg State University Digital Commons

Posters

2024 Research Colloquium

4-17-2024

How Online Gambling Affects the Mental Health Conditions of Individual Gamers At Pittsburg State University

Sravya Vemunuri

Pittsburg State University

Follow this and additional works at: https://digitalcommons.pittstate.edu/posters_2024

Recommended Citation

Vemunuri, Sravya, "How Online Gambling Affects the Mental Health Conditions of Individual Gamers At Pittsburg State University" (2024). *Posters*. 43.

https://digitalcommons.pittstate.edu/posters_2024/43

This Article is brought to you for free and open access by the 2024 Research Colloquium at Pittsburg State University Digital Commons. It has been accepted for inclusion in Posters by an authorized administrator of Pittsburg State University Digital Commons. For more information, please contact digitalcommons@pittstate.edu.



How online gambling affects the mental health conditions of individual gamers at Pittsburg State University.



Sravya Vemunuri

Department of Information Technology and KPRC, Pittsburg State University, Pittsburg, KS 66762. Phone: 620-719-7054; Email: svemunuri@gus.pittstate.edu

Abstract

This research explores the relationship between online gambling and the mental health of individual gamers at Pittsburg State University. As many are addicted to online gambling this help the student get awareness about online gambling. Semi-structured interviews will be conducted for the students to get more information on how online gambling affects their studies. This research will help to identify the risk factors and good strategies to establish the healthy boundaries for online gamers at Pittsburg State University. By educating the students on gambling activities helps them to balance their gaming and academics. The main important outcome of this study hold implementing counseling programs and support groups to address the challenges that students face due to online gambling. Furthermore, the study may provide insights for developing university regulations that promote responsible gaming and address potential problems associated with gambling on campus. Finally, the study aims to create a healthier and more supportive campus environment, allowing students to enjoy online gaming without jeopardizing their mental health or academic performance.

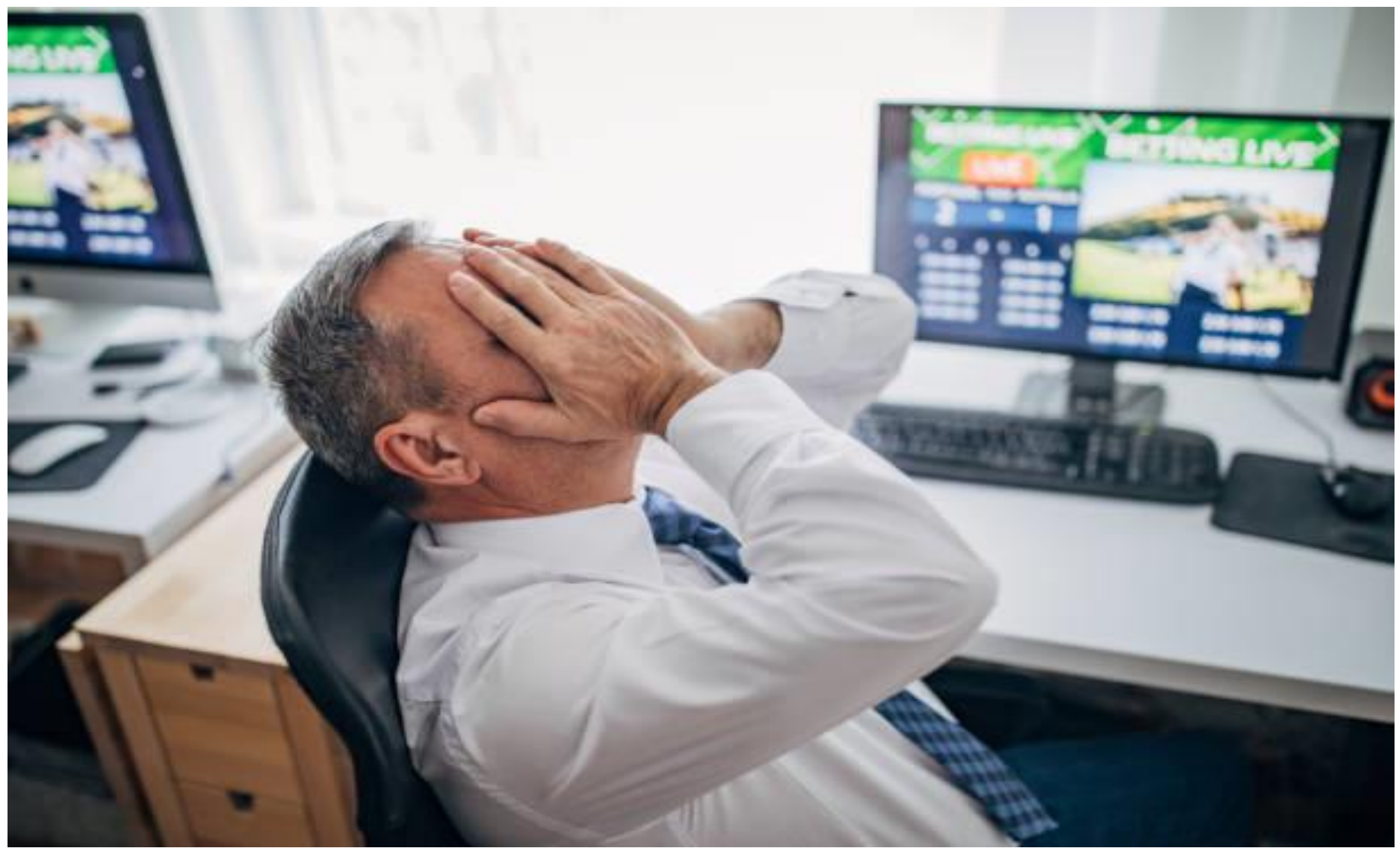
Introduction

In an age where online gambling is increasingly accessible, concerns about its impact on students' mental health and academic performance are mounting. Pittsburg State University, like many institutions, grapples with the implications of this phenomenon. This study aims to delve into the intricate relationship between online gambling and the well-being of individual gamers within the university community. Through intimate conversations in semi-structured interviews, we seek to uncover the lived experiences of students engaged in online gambling. By listening to their stories, we hope to shed light on the challenges they face and the strategies they employ to navigate their gaming habits alongside their academic responsibilities. Our ultimate goal is twofold: to raise awareness about the risks associated with online gambling and to empower students to make informed decisions about their gaming behaviors. By doing so, we aim to foster a campus environment that prioritizes student well-being and academic success, allowing students to engage in online gaming responsibly without sacrificing their mental health or educational pursuits.



Methodology

In this ethnographic study, 10 individuals aged 18-25, enrolled in master's programs at Pittsburg State University and engaged in online gambling, will be interviewed. The semi-structured interviews will delve into participants' experiences with online gambling and its effects on their mental health. Additionally, participant observation will be employed to observe their behaviors and interactions related to online gambling.



significance of Study

The significance of study is to examine how online gambling affects the mental health conditions of individual gamers at Pittsburg state university. It will help to understand how playing online games make students effect on their classes. This study will help the students to set the boundaries while gambling online. This study will help to gain more knowledge on the mental health conditions of students. It will identify the risk factors of students. Public health strategies are also discussed in this study. Educating students on online gambling helps them to focus on academics. It will give the strategies to prevent the mental health conditions. The results of this study may help develop specialized counselling programs, educational initiatives, and support groups by providing insight into the particular difficulties that students encounter when it comes to gambling and mental health. Additionally, the study may help create university regulations that support responsible gaming and deal with possible problems associated with gambling on campus.

Results and Discussion

Results:

The study uncovered that online gambling significantly impacts the mental health of individual gamers at Pittsburg State University. Participants reported increased stress, anxiety, and depression due to their gaming habits, affecting their academic focus. Blurred boundaries between leisure and studies led to decreased productivity. Risk factors like easy access to gambling sites and financial stress were identified. Educating students on gambling dangers emerged as a crucial strategy. The findings suggest a need for specialized counseling, educational programs, and support groups. Additionally, developing university regulations to promote responsible gaming and address associated challenges could foster a healthier campus environment.



Conclusions

In conclusion, this study highlights the detrimental effects of online gambling on the mental health and academic performance of students at Pittsburg State University. Urgent interventions, including counseling programs and educational initiatives, are necessary to promote responsible gaming and support student well-being in higher education environments.

Acknowledgment

Department of Information Technology approved by Dr. Tatiana Goris

REFERENCES

- Hing, N., et al., New Media & Society, 17(7), 1075-1095.
- Samson Tse et al., The Journals of Gerontology: Series B, Volume 67, Issue 5, September 2012, Pages 639-652
- Wong,I.L.K., et al., (2022) . International Journal of Mental Health and Addiction, 20(4), 2265-2276

