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March 2023

Writing the Tree of Life: Midrash and Personal Mythology To Re-Vision Our Lives

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Recommended Citation

Mirriam-Goldberg, Caryn, "Writing the Tree of Life: Midrash and Personal Mythology To Re-Vision Our Lives" (2023). *Book Promotions*. 2.

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Writing the Tree of Life: Midrash and Personal Mythology To Re-Vision Our Lives

What can we learn about your own lives and legacies from seeing old stories with new eyes? Midrash is the Hebrew tradition of re-interpreting and re-visioning our guiding myths and messages to foster greater meaning, freedom, and authenticity. This practice is rooted in the understanding that the Torah, a holy book in Judaism, "...is a tree of life, and a tree can stay alive only if it grows," explains writer Alicia Ostriker. We'll look at and write from new angles about guiding myths and narratives in our lives through several short innovative writing prompts balanced with lots of discussion, humor, and stories.. In the process, find new branches and blossoms into who you are, how you live, and how you can help your community re-vision their stories. This workshop is based on Caryn's new novel, *Miriam's Well: A Modern Day Exodus*, which tells the story of Miriam set in America from 1965 onward as she wanders through history and mythology to find her people, place, and purpose.

More at <http://www.carynmirriamgoldberg.com/books/memoir-fiction/miriams-well/>

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